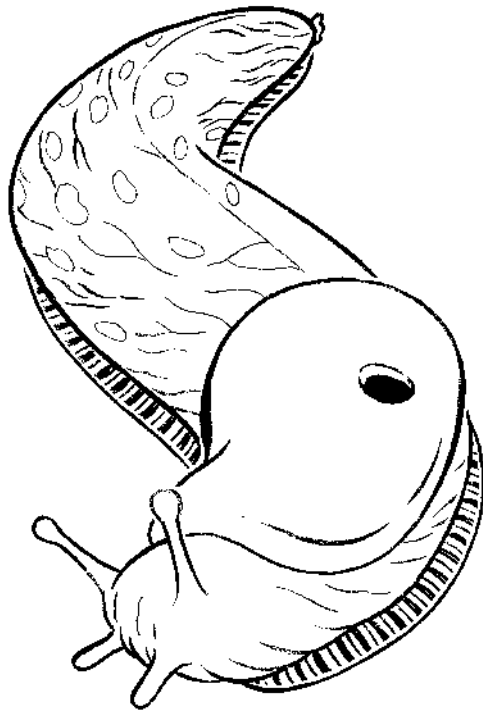


THIS LAND IS YOUR LAND

Summer Day Camp



Parent Handbook

Summer 2011

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Welcome to

THIS LAND IS YOUR LAND

Summer Day Camp!

About Our Camp

This day camp blends the exciting science and nature studies developed by Sarah Shaffer, with art, music, hiking, swimming and outdoor games. The weird and wonderful world of nature provides a great way to "hook" kids on science. The hands-on science and art activities, in turn, connect children to the natural world, increasing environmental awareness and instilling a deep caring attitude about our world. It is our goal to provide each camper with a stimulating, joyful summer in a safe and nurturing environment.

About Our Directors

Sarah Shaffer, "Best Science Teacher for Kids" (*East Bay Express*, 2006), founded This Land Is Your Land Summer Day Camp 15 years ago. She continues to develop and shape the summer camp programs and oversees all three sites. Sarah is a Teacher, Science Consultant, and Naturalist. She has been offering science programs for children and teachers for over 22 years.

Riva Elliott is a graduate of UC Berkeley and has a teaching credential from Holy Names University. She directed the Oakland site for two years and was Assistant Director of This Land Is Your Land Summer Day Camp for four years. She worked as a counselor with our camp for nine years.

Saul Zippin has directed the Berkeley site for the past nine years. He is a graduate of UC Berkeley and has an Emergency Medical Technician Certificate. During the school year, Saul teaches at Archway School.

Aaron Franzen was Assistant Director of This Land Is Your Land Summer Day Camp in Berkeley for six years. This is his fourth year directing the San Ramon site. He has served as Director of Operations for Sarah's Science for over ten years.

Communication

Office

Office Phone: (510) 581-3739 Use this number for billing questions, registration changes, and other non-urgent calls. The office in Castro Valley is staffed from 9:00 AM to 5:00 PM most weekdays, and voice mail is checked daily and every evening.

Business Address: 21525 Knoll Way, Castro Valley, CA 94546-6860

Fax: (510) 581-6144 | **Email:** info@sarahscience.com | **Web:** www.sarahscience.com

Oakland

Cell Phone: (510) 368-3738 This phone will reach the director at the Oakland site from 8:00 AM to 4:00 PM. Use the camp cell phones for urgent calls only.

Secondary Cell Phones: (510) 566-2020 Try these numbers if you are unable to reach the director at the above number.

Extended Care Cell Phone: (510) 368-0184 Use this number to reach the PM Extended Care staff after 3:30 PM.

Berkeley

Cell Phone: (510) 828-4810 This phone will reach the director at the Berkeley site from 8:00 AM to 4:00 PM. Use the camp cell phones for urgent calls only.

Extended Care Cell Phone: (510) 828-4811 Use this number to reach the PM Extended Care staff after 3:30 PM.

San Ramon

Cell Phone: (510) 368-4199 This phone will reach the director at the San Ramon site from 8:00 AM to 4:00 PM. Use the camp cell phones for urgent calls only.

Extended Care Cell Phone: (925) 719-4778 Use this number to reach the PM Extended Care staff after 3:30 PM.

Drop-Off and Pick-Up Procedures

When you arrive...

1. **Oakland** — drive through the upper parking lot and continue down to the lower parking lot. On the left, you will see our banner and sign-in tables. **Berkeley** — camper sign-in will be on the left in the lower parking lot, just past the Orchard Picnic Area. **San Ramon** — drive into the parking lot. Walk your child up the path to the sign-in tables.
2. Sign in at the table showing the beginning letter of your child's last name. Your child will be given a nametag, and on Mondays you will pick up your Parent Letter, which will indicate the day that your child swims.
3. Your child will be walked to our site where his/her counselor will be waiting. If you like, you may accompany your child to the site.

Note: On Mondays, you may drop off as early as 8:15 AM (without paying for AM care), to help avoid standing in line.

When you pick up...

3:00 PM Pick-Up Return to the Sign-In Table and sign your child out. Then, you may walk back and pick your child up from his/her site. Please check the "Notes" column on the Sign-Out Sheet for any special messages from your camp director or your child's counselor.

Extended Care Campers

If you have contracted for **AM Extended Care**, you may drop your child off **no earlier than 8:00 AM**. The drop-off procedures are the same as for the regular day campers.

If you have contracted for **PM Extended Care**, you must pick your child up **no later than 5:30 PM**. For pick-up between 3:15 and 5:30 PM, park and walk to the Extended Care sites:

- **Oakland:** Diablo Vista
- **Berkeley:** Orchard Picnic Area
- **San Ramon:** The regular-day site

Note: If you have not picked your child up by 5:30 PM, a late charge of \$15.00 per child per quarter hour or fraction thereof will be charged. Please be prompt; it is a long day for the staff.

A Typical Day

Sample Schedule

8:00 - 9:00 AM	AM Extended Care Crafts, Games, Activities
9:00 - 9:45 AM	Music, Morning Meeting
9:45 - 10:45 AM	Fun in the Sun, Bug Safari, Active Play
10:45 - 11:00 AM	Snack
11:00 - 12:00 PM	Science Project
12:00 - 1:00 PM	Lunch, Quiet Time, Supervised Play
1:00 - 2:30 PM	Science Project (Monday), Organized Games, Nature Activities, Crafts, Swimming (Tuesday-Friday)
2:30 - 3:00 PM	Snack and Closing Circle
3:00 PM	Pick-up for Regular Day
3:00 - 5:30 PM	PM Extended Care Art and Science Projects, Organized Games, Crafts

Morning Drop-Off

The basic day camp hours are from 9:00 AM to 3:00 PM. If you have signed up for the basic day, drop your child off no earlier than 8:45 AM (**Exception: it's okay to drop off as early as 8:15 AM on Mondays.**) Please try to bring your child promptly by 9:00 AM so that s/he will not miss out on the singing and morning meeting. If you arrive after the sign-in table is closed, find any counselor and they will help you locate your child's group.

Afternoon Pick-Up

The regular day ends at 3:00 PM and your child must be picked up no later than **3:10 PM**. If you have not picked your child up by 3:10 PM, you will be charged at the regular rate of \$13.00 for extended care for that day. Go to the front tables for pick up by 3:10 PM. After 3:10 PM your child will be at the extended care site (Diablo Vista in Oakland, Orchard Picnic Area in Berkeley and the regular day site in San Ramon).

Parent Information

Lunches and Snacks

You should send a nourishing lunch with your child every day. We have no refrigeration facilities, so send food that will not spoil. Send no glass please and no large coolers. We will provide your child with two snacks a day. If your child has allergies to foods, please provide your own snacks. **Pack a hearty lunch!** Your child is playing hard outside and will need more than the usual school lunch.

Clothing and Things to Bring

Sturdy tennis shoes or hiking boots are a must! The mornings can be cool and moist while the afternoons are hot and dry. Please send a **light jacket or sweatshirt**. Either long pants or shorts are fine. If rain is forecast, please send rain gear. **We hope your children will get good and dirty every day, so have them dress accordingly.**

Other items to bring:

- **Hat**
- **Day Pack**
- **Sunscreen**
(please apply before camp)
- **Water Bottle**

Items **not** to bring:

- **Toys**
or other personal items that will
cause tears or heartache if lost
- **Gum or candy**

Note: Label everything with your child's first AND last name! This includes clothes, jackets, lunches, hats, daypack, and sunscreen. We will do our best to make sure campers leave with all they came with. Please check the Lost & Found daily.

Swimming

Each child will swim with his/her group one afternoon per week at Roberts Pool (Oakland), or Lake Anza (Berkeley). Each child will swim two afternoons per week at the pool in Little Hills Park (San Ramon). You will be notified on Monday as to which day(s) your child will swim.

On swim day your child should bring:

- **Bathing suit**
- **Sunscreen**
- **Towel**
- **Plastic bag for wet things**

Rain

Camp goes on rain or shine. It usually does not rain during the dates of our camp, but should it rain lightly, we will string up tarps and put up tents and have a ball in the rain.

Oakland and Berkeley Sites If it rains so hard that it is impossible to remain outdoors, we will transport the children by bus to Lake Merritt United Methodist Church or another available facility. We will attempt to call all parents if this occurs and we will also have a recorded message on the office line (510-581-3739). Directions to Lake Merritt United Methodist Church are at the back of this Handbook and are also available on our website at: www.sarahscience.com.

San Ramon Site If it rains so hard that it is impossible to remain in the general camp area, we will move the children to the fully covered areas within Little Hills Park and initiate rainy day fun activities for the campers.

Poison Oak

Not to alarm, but to alert you—there is some poison oak at all sites. We teach the children to recognize and avoid it. However, to be safe, it is a good idea to bathe your child after camp, and wash their clothes. Wash your own hands as well, after handling their clothes. With these precautions, we have found most reactions can be avoided.

Illness and Accidents

If your child has a minor injury at camp, such as minor cuts and scrapes, First Aid will be administered at the camp. Either a "Just to let you know" form will be filled out and noted on the sign in/out sheet, or you will be informed by your child's counselor.

For more serious injuries or illness, the parents will be contacted immediately and will be expected to make provisions for taking the child home. If neither parent can be reached we will call the Emergency Contacts on the Camper Information Form.

Standards of Behavior

This Land Is Your Land Summer Day Camp is a place where all campers will feel safe, nurtured and accepted. To create this kind of positive, warm environment, we have established the following guidelines for behavior:

1. No "put-downs", teasing, or ridiculing are allowed.
2. Physically violent or aggressive behavior is not allowed. A camper will probably be sent home immediately if involved in a physical altercation.
3. Our camps are located in beautiful, natural settings and campers are expected to be respectful of the natural world around them.
4. Our staff is here to create a positive environment for all campers. Campers are expected to listen to instructions, cooperate with staff, and be respectful of staff and other campers.
5. Campers not following these guidelines for behavior will be dealt with in a gentle but firm manner. The staff is trained in positive conflict resolution. Repetitive occurrences of behavior contrary to the guidelines may result in expulsion from the camp without a refund.

Financial Information

Camp Cost

\$295 per week if payment in full is received by February 15 (\$100 of this amount is a non-refundable deposit.) \$315 per week* if registration received by April 1. \$325 per week* if registration received after April 1. (* \$100 non-refundable deposit is required at the time of registration.)

The full balance owed on tuition must be paid no later than May 1, 2011. A surcharge of \$10 will be charged for payments received after May 1, 2011. Registrations received after May 1, 2011 will be accepted, space permitting, with payment in full.

Extended Care Cost

AM Care: 8:00 - 9:00 AM add \$20 per week or \$5 per day

PM Care: 3:00 - 5:30 PM add \$60 per week or \$15 per day

Refunds

No refunds will be issued after May 1, 2011. No credit will be given for absenteeism or partial attendance in any session. Camp weeks are not transferable to future years or programs.

Same Day Sign-Up Policy

The "walk-in" fee is \$335 per week. No discounts will be given and full payment is required on the first day of camp.

Discounts

Multiple Week Discount: Register for three or more weeks and deduct \$15 per week.

Sibling Discount: Deduct \$15 per week for second child

Note: Sibling Discount cannot be combined with Multiple Week Discount

Directions

Rainy Day Back-up Site — Lake Merritt United Methodist Church

1255 First Ave., Oakland (back entrance)

(Click [here](#) for Google Maps)

This is our **back-up site** should it become impossible to remain at Roberts Regional Park or Tilden Park due to heavy rain or other emergency such as fire. We will make every effort to notify you before pick-up if it is necessary to change the site. If you are in doubt as to whether the campers have been moved due to an emergency, call (510) 581-3739 for a recorded message.

Although the front of this church is on Lakeshore Ave. across the street from Lake Merritt, these directions will take you to the back entrance where there is a parking lot.

From 580 East: exit at Grand Ave., cross Grand Ave., go one block and turn right onto Lakeshore Ave. Continue west down Lakeshore Ave. along Lake Merritt 0.8 miles. After passing the signal at East 18th Street, move to the middle lane. As the street splits, veer to the left. At the signal turn right onto First Avenue and continue one block. The church and parking lot are on the right.

From 580 West: exit at Lakeshore Ave. and turn left onto Lakeshore Ave. (see directions above.)

Oakland - Roberts Regional Park

(Click [here](#) for Google Maps)

From 580 East: exit on Fruitvale Ave. Go straight through the light to Champion Street (stop sign). Go left on Champion. Champion becomes Lincoln Ave. Continue up the hill. Lincoln Ave. becomes Joaquin Miller Road. Go left on Skyline Blvd. Go 1 mile and take a right at the sign for Roberts Regional Park.

From 580 West: exit at Coolidge/Fruitvale Ave. Go straight ahead off the exit (you are on Montana) to Champion. Go right on Champion. Champion becomes Lincoln Ave. Continue up the hill. Lincoln Ave. becomes Joaquin Miller Road. Go left on Skyline Blvd. Go 1 mile and take a right at the sign for Roberts Regional Park.

From 13 South: exit at Joaquin Miller Road/Lincoln Ave. Go left at first stop sign at the end of the exit. Go left on Lincoln. Lincoln Ave. becomes Joaquin Miller Road. Go left on Skyline Blvd. Go 1 mile and take a right at the sign for Roberts Regional Park.

From 13 North: exit at Joaquin Miller/Lincoln Ave. Go right toward Joaquin Miller Road. Go left on Skyline Blvd. Go 1 mile and take a right at the sign for Roberts Regional Park.

Berkeley - Tilden Park

(Click [here](#) for Google Maps)

Driving in Tilden Park can be confusing. We recommend that anyone dropping off or picking up campers drive the route ahead of time. Our camp at Tilden includes both Buckeye and Orchard Picnic Areas. See below for directions.

From Marin Circle: Heading up Marin Ave., go left on Spruce. At the intersection of Wildcat Canyon Rd. and Grizzly Peak Blvd., go straight. Spruce turns into Wildcat Canyon Rd. Follow Wildcat Canyon Rd. and go left on Central Park Dr. After the sign for Buckeye, turn right on Lake Anza Road. Go left on Brook Road. Proceed to the lower lot for parking, or if full, park in the upper lot. Please drive slowly and remember to watch for pedestrians.

From Claremont Ave. and Ashby: Go up Claremont Ave. and turn left on Grizzly Peak Blvd. Turn right on South Park Dr., following the signs to the Merry-Go-Round. Take South Park Dr. until it splits. Go left on Wildcat Canyon Rd., following the signs to Lake Anza and the Merry-Go-Round. Turn right on Central Park Dr. After the sign for Buckeye, turn right on Lake Anza Road. Go left on Brook Road. Proceed to the lower lot for parking, or if full, park in the upper lot. Please drive slowly and remember to watch for pedestrians.

From Hearst and Martin Luther King: Go up Hearst towards the university. Turn right on Gayley. Just past the Greek Theater, go left on Rim Rd., following the signs to the Lawrence Hall of Science and the Botanical Gardens. At the first stop sign, turn left on Centennial Dr. towards Whitter field. Pass the U.C. Botanical Garden and follow the signs towards Lawrence Hall of Science. Pass the Lawrence Hall of Science. At the intersection of Grizzly Peak Blvd. and Centennial Dr., go straight. Centennial Dr. turns into Golf Course Dr. Follow Golf Course Dr. to Shasta Rd. Go right on Shasta, following the signs to Tilden. Go left on Wildcat Canyon Rd. Turn right on Central Park Dr. towards Lake Anza. After the sign for Buckeye, turn right on Lake Anza Road. Go left on Brook Road. Proceed to the lower lot for parking, or if full, park in the upper lot. Please drive slowly and remember to watch for pedestrians.

San Ramon - Little Hills Ranch

18013 Bollinger Canyon Road San Ramon CA 94583

(Click [here](#) for Google Maps)

From I-680 (coming from the North): take I-680 S towards San Jose. Take the San Ramon/Crow Canyon Road Exit. Turn right on Crow Canyon Road and continue for approximately 1 mile. Turn right on Bollinger Canyon Road and continue for 3.9 miles. Turn left into the parking lot at Little Hills Ranch.

From I-680 (coming from the South): take I-680 N towards Pleasanton/ Sacramento. Take the San Ramon/Crow Canyon Road Exit. Turn left on Crow Canyon Rd. and continue for approximately 1 mile. Turn right on Bollinger Canyon Road and continue for 3.9 miles. Turn left into the parking lot at Little Hills Ranch.

From I-580 Castro Valley/Hayward area: take Crow Canyon Road north for 7.3 miles. Turn left on Bollinger Canyon Road and continue for 3.9 miles. Turn left into the parking lot at Little Hills Ranch.



For more information about
THIS LAND IS YOUR LAND
and other Sarah's Science activities,
visit our website at: www.sarahscience.com

Call: (510) 581-3739

Or write to: Sarah Shaffer

21525 Knoll Way

Castro Valley, CA 94546